

BEING ACTIVE IS YOUR SUPERPOWER. USE IT EVERY DAY.



You don't have to be a pro to have access to the most valuable benefit – being active.

Join the FitProfit/FitSport programme together with your loved ones – children, parents and friends today.



WHAT ARE THE BENEFITS OF A SPORTS CARD?



Access to thousands of sports venues across Poland



Sports for adults and children: swimming, squash, dance classes, martial arts, gym



Join with an accompanying person – child, spouse or parent



Improve your mental health, energy levels and get healthy

SEPTEMBER IS AROUND THE CORNER. AND THAT MEANS SCHOOL AND EXTRACURRICULARS



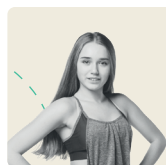
Only 20% of Polish teenagers meet WHO recommendations (at least 60 minutes of exercise per day).*



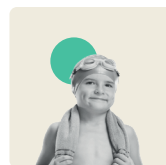
28% of them virtually never move at all. We can change that together! Get a sports card for your children!*

Download our guide to recommended venues for kids in Poland – from swimming pools to rope parks, gyms and bouldering walls!

DOWNLOAD OUR GUIDE



FitProfit Child card (up to 15 years of age)



FitProfit Child – Swimming Pool card (up to 15 years of age)



FitProfit Junior card (from 15 to 18 years of age)

*<https://www.standardy.pl/newsy/id/337>