



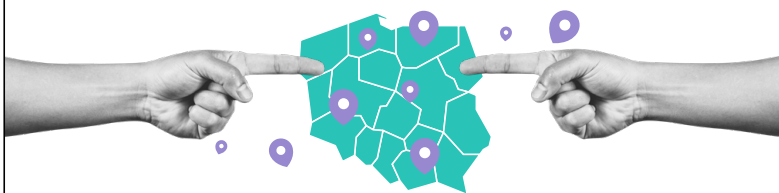
# START YOUR MAY AN ACTIVE WAY START PLANNING YOUR ACTIVE SUMMER NOW!

May with its long weekend right at the start is the perfect time to get into the swing of things before the summer comes. As the days are getting longer and your energy levels are on the rise, we have a couple of tips on combining exercise with planning your summer break!



**DID YOU KNOW THAT WITH THE FITPROFIT/FITSPORT CARD YOU CAN VISIT THOUSANDS OF SPORTS VENUES ACROSS POLAND,**

even in holiday destinations? If you are wondering where to work out while you are out and about, check out our **summer sports and leisure guide** and find some inspiring places where you can get active!



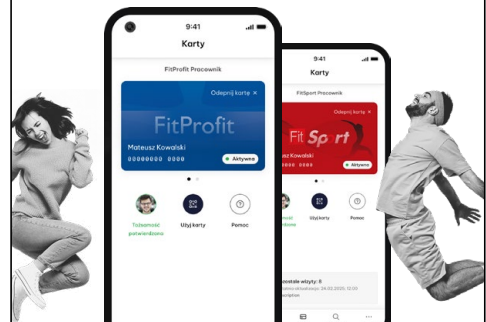
**CHOOSE YOUR VOIVODESHIP!**

**PSST! ARE YOU HEADING TO THE COAST, THE MASURIAN LAKES OR THE MOUNTAINS FOR THE MAY WEEKEND? CHECK OUT OUR TOP SUGGESTIONS!**

- Lake Hill Mazury Resort & SPA
- Wodne Centrum Rekreacyjno Sportowe Aquasfera w Olsztynie
- Hotel Krasicki w Lidzbarku Warmińskim
- Akademicki Związek Sportowy Oddział w Gdańsku
- Aquapark Sopot
- Hotel Mistral Sport w Gniewinie
- Park Wodny Kraków
- Termy Gorce
- Park Muszynowa

**BUT WAIT, THERE IS MORE! WITH THE VANITYSTYLE NEXT APP, YOU HAVE ALL YOU NEED AT YOUR FINGERTIPS.**

You can easily search for venues, add your favourite locations, and access a library of workout sessions wherever you are.



**DOWNLOAD OUR APP!**

**GET IN TOUCH WITH YOUR PROGRAMME COORDINATOR AT WORK TODAY AND START GETTING IN SHAPE FOR THE SUMMER HOLIDAYS DURING THE MAY WEEKEND!**