

EVERY MONTH IS GOOD TO GET STARTED!

Do you want to be more active and healthier?
**Sign up now to join the sports programme
in February. Do something good for yourself
(and your loved ones)!**



Do you need some support to keep your New Year's resolutions?

Sign up for a free webinar with
psychologist and coach
Piotr Cielecki on 6 February
at 10:00 a.m.!



[Sign up](#)

How about... an active winter break?

Heading out for a trip?
Don't forget to pack our sports
and leisure guide to Poland!
Find out how you can spend your
free time wherever you are
with an active card!



[Download the guide](#)

Keep in mind that a sports card is one of your non-wage benefits!

To get your card, contact your HR department or your company's FitProfit/FitSport programme supervisor.