



The days get shorter and colder... But stay active!

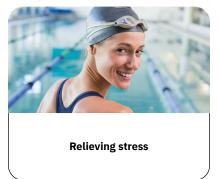
Take care of yourself, forget those autumn blues, get your immune system ready for the flu season and stay healthy. With FitProfit and FitSport cards, you can take advantage of a variety of options — go to the gym, learn zumba, practice yoga or go swimming. You will definitely find something you'll love!





There are many benefits of using your sports card regularly (regardless of your level)







DO YOU NEED A CARD?

Contact your company's FitProfit/FitSport programme supervisor and discover how being active can transform your everyday life.

Remember – investing in your health is the best thing you can do!



